Capt. Groovy's Grill & Raw Bar

Starters

She Shore Crab Soup cream, crab & sherry.	Cup \$5 Bowl \$10	Groovy Basket choice of shrimp, oyster		
Bucket of Clams \$15 clams, garlic, butter, white wine, basil & rustic bread.		bajan tartar, cocktail, honey wasabi sauce. Voodoo Wings 6 \$10 12 hot or mild, ranch or blue cheese, celery.	12 \$20	
Fried Pickles crispy panko fried s/w joe's must	\$7 ard sauce.	Groovy Daddy Nachos white corn chips, jack cheddar, smoked chick lettuce, salsa, jalapeño, guacamole, sour crea		-
Chips & Queso house fried chips, chorizo queso.	\$8			our cream.

Raw Bar

*Oysters or Clams	\$1.75 ea.	East Beach Oysters	\$11
raw or steamed.	(minimum 6)	broiled t/w spinach, onion, bacon, provolone	
Mussels Picante	\$12	Ceviche	\$13
butter, white wine, tomato, jalapeño		shrimp, calamari, scallops, jalapeño, onion,	
s/w rustic bread.		peppers & tomato in citrus juice.	
Bayou Shrimp	\$14		
1/ 1h shuimm manuing going spins	-		

Salads

I hai Chicken	\$12	Greek	ΔII
grilled marinated chicken served over romaine,		romaine, kalamata olives, pepperoncini, red onion	
cabbage, cucumber, carrots, tomato, sesame seeds,		tomato, cucumber, feta cheese, greek dressing.	
fried wontons, soy-lime dressing.		Farmhouse	\$11
Cobb	\$13	spinach, strawberries, blue che	eese, almonds, red
mixed greens, turkey, egg, tomato, crumbles, bacon, avocado, blue ch		onion, champagne vinaigrette.	•
Caesar	\$10		

Sides

Crabbie Mac	\$9	Carolina Slaw	\$4
Guacamole & Chips	\$8	Fresh Fries	\$4
Fried Green Tomatoes	\$7	Red Potato Salad	\$4
Mess O' Rings	\$8	Black Beans & Rice	\$4



caesar dressing.

romaine, crouton, parm cheese, house-made



Sandwiches & Burgers

All sandwiches served with your choice of fresh fries, Carolina slaw, or potato salad.

Sanibel	Market Price	Chesapeake Bay Grilled Cheese	\$15	
catch of the day blackened, bronzed, broiled, grilled		lump crabmeat, cheddar, old bay mayo,		
or fried, remoulade, brioche bun.		multi grain bread.		

Marina Crab Cake \$17 Capt.'s Chicken broiled or fried crab cake, bajan tartar, brioche bun. Capt.'s Chicken grilled, bacon, pimento cheese, pickles, remoulade, brioche bun.

Rib & Swiss \$13.5 Panini Cuban \$11 sliced ribeye, swiss, caramelized onions, horseradish aïoli, au jus, focaccia bun. \$11 smoked pork, ham, swiss cheese, dill pickle, creole mustard, toasty baguette, smashed and griddled.

Gwynn's Island Po' Boy \$15 Groovy Turkey \$12 fried shrimp or oysters, shredded cabbage, tomato, remoulade, toasty baguette. \$15 Groovy Turkey turkey, cheddar, bacon, cranberry mayo, mixed greens, multi grain bread.

All burgers served on brioche bun with your choice of fresh fries, Carolina slaw, or potato salad.

Add choice of cheddar, provolone or pepper jack cheese to any burger for \$1.00.

*Groovy Daddy \$11 *House Burger \$9
bacon, grilled onion & mushroom, cheddar cheese. lettuce, tomato, red onion.

*Intracoastal \$11 *No Wake \$15
house-made pimento cheese, jalapeño, bacon. t/w sautéed crab meat.

Entreés

Capt.'s Burrito \$17 Salmon Capri smoked pork, chicken or tuna, peppers, onion, pepper jack cheese, rice & black beans, whole wheat tortilla, cucumber salad.

Salsa, sour crema.

Seafood Platter

Groovy Tacos

\$15

flounder, shrimp, scallops & crabcake broiled

your choice of either, baja fish, bronzed tuna, s/w with white wine butter sauce s/w red potato salad, cabbage, pico, pickled onion, rice, black beans, habanero crema and flour tortillas.

Sandy Point Shrimp or Oysters \$17

Chicken & Shrimp Étouffée \$18 lightly fried, slaw, fresh fries, remoulade sauce. chicken, shrimp, andouille sausage, trinity, cajun gravy, rice. Crab Cakes \$28

broiled, s/o fried green tomato t/w crispy onions, & grilled corn green tomato relish.

Shrimp, crab meat, scallops, andouille simmered in a

Creole sauce, black beans & rice.

Captain's Catch
Fresh fish prepared either broiled, fried, grilled,
blackened or bronzed/choice of 2 sides, ask your
cavatappi, tossed in olive oil, house cured bacon,
shallot, vodka, marinara, cream.

Captain's Catch
Fresh fish prepared either broiled, fried, grilled,
blackened or bronzed/choice of 2 sides, ask your
server for today's choices.

Kids & S

Chicken Fingers \$6 s/w fries & ranch dressing. Cheeseburger \$6 s/w fries. Fish Fingers \$7 fresh fish fried s/w fries & tartar sauce. Penne Marinara \$6 t/w parmesan cheese.

18% gratuity added to parties of 6 or more. Water served upon request. One free refill on coffee, tea or soda.

As a courtesy to others waiting, please limit your dining time to 2 hours.

*Consuming raw or undercooked meats, seafood, shellfish or eggs can increase the risk of foodborne illness.

Groovy Desserts

New Orleans Style Bread Pudding finished with a bourbon sauce.	\$9
Cheesecake ask your server for today's selection.	\$9
Chocolate Mousse Pie dark chocolate mousse in an oreo cookie crur	\$9 nb crus
Seasonal Fruit Cobbler t/w house-made ice cream.	\$10
Coconut Key Lime Cake	\$10







\$13

\$19

\$32