

Captain Groovy's Special Menu

Lunch Specials Served Tuesday - Saturday from 11:30am - 3:00pm

Groovy Starters

Escargot

Herb garlic butter & garlic toast.

\$16.99

Steak Bites

s/w our creamy horsey sauce

\$11.99

Chesapeake Pimento Crab Dip

Chesapeake blue crab & s/w pita rounds. A southern classic.

\$14.99

Grilled Lamb Chops

Colorado grass-fed. All Natural. Mint Jelly

\$19.99

Coconut Shrimp

Shrimply amazing. s/w sweet chili

\$13.99

Royal Red Shrimp Cocktail

Citrus-Blanched.

6 ct. 12 ct.

s/w cocktail sauce

\$8.99 \$15.99

**Ask your Groovy Server about
our Softshell Crab Specials!**

Eastern Shore Clams

1/2 dz 1 dz

Steamed on the 1/2 shell.

\$7.99 \$13.99

Max's Giant Cheesesticks

s/w our creamy vodka sauce

\$11.99

Let's Taco-bout' it:

Slow-Briased Steak

Slow braised ribeye steak. (2)\$11.99 (3)\$13.99

s/w black beans & rice.

Blackened Salmon

(2)\$12.99 (3)\$13.99

s/w black beans & rice

Fresh Baja Fish

(2)\$12.99 (3)\$13.99

Fried, s/w black beans & rice

Groovin' Fish n Chips

Fried Flounder w/ fresh slaw, fries & hushpuppies

\$14.99 With Shrimp: \$18.99

Braised Beef Nachos

Tender pulled ribeye beef! white corn chips, jack cheese, lettuce, salsa, jalapenos, guac & sour

1/2 order : \$11.99 Full order : \$14.99

CrabCake & Fried Shrimp

s/w fresh slaw and crispy fries \$25.99

Chef Ian's Specialties

Steak Frites

A healthy ribeye cut. Perfect for lunch. s/w rosemary potatoes

\$24.99

Fried Oysters Basket

\$15.99

s/w fresh groovy fries, slaw, & hushpuppies

The Steakhouse Chopped

Garlic steak. House Blu Chz. Herbed quinoa. Crispy fried onions. Tomatoes. Shredded cabbage. Chopped romaine. Choice dressing.

\$12.99

Groovy Fried Platter

Flounder, shrimp, clam strips, hushpuppies, slaw, & fries

\$18.99

Salmon Oscar

Lump crab meat & shrimp, creamy bearnaise. s/w chef's potatoes & veggies

\$24.99

The O.G. Steak Sandwich

Every Tuesday,

Wednesday & Thursday

Tender ribeye. Mayo, lettuce, tomatoes, red onion. s/w rosemary potatoes.

\$12.99

*Add Aged Pepper Jack & Bacon +\$3

Norwegian Salmon Marsala

Every Tuesday & Wednesday

s/w chef's seasonal veggies. \$14.99

New Sides

+ Add-on to any entree or

substitute any included side dish

BBQ Black Beans + \$3.99 or Sub: \$1.49

Chef's Rosemary Potatoes + \$3.99 or Sub: \$1

Sweet Potato Fries + \$4.50 or Sub: \$1.99

Every Saturday

● Burger & Brew House burger s/w choice of side and a BEER \$16.99

● DbL. Steakhouse Burger Bacon, chz, & egg on a buttered brioche bun. s/w fries & 4 wings \$18.99

● Chesapeake Bay Fried Platter Flounder, shrimp, clam strips, hushpuppies, crabcake, slaw & fries \$28.99

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